



# TELANGANA TRIBAL WELFARE RESIDENTIAL DEGREE COLLEGE (GIRLS), KOTHAGUDEM



Bhadradri Kothagudem District, Telangana State–507101  
(Affiliated to Kakatiya University, Warangal, Telangana)  
Website: <https://ttwrdds.ac.in/.Kothagudem>

## . LIFE SKILLS 360 PROGRAM

**Our** Gurukulam has introduced life skills 360 program in 2018. The commencement of first year, we have selected five students for life skills training program. They participated with enthusiasm and guided the children of VIII to X classes in life skills. They got appreciation certificate from Gurukulam.

To adopt the positive behavior that enables humans to deal effectively with the demands and challenges of life skills that function for well being and aids individual to develop into active and productive members of their communities are considered as life skills.

To enhance these students will be given orientation specially and our degree students are sent to mini Gurukulam schools to develop their skills by teaching children.

This program also helps the students “EARN WHILE THEY LEARN”.

Students who have participated in this program will be given rewards by the head office.

### Note to the Life Skills 360 Trainers

Our dearest trainers,

They say all good things come to an end! For several of you, this would be the final spell in the Gurukulams.

Each one of you would have had a heart-warming experience teaching those youngsters in the schools. Their innocence, love and affection, energy, creativity, talents, willingness to learn new things from you – some of these might have surprised you, made you emotional and would have inspired you. Remember, you are leaving them with positive feelings and feeling more empowered towards reaching their goals. Your influence on these young students is remarkable, we are sure they will remember you for a longer time.

We are very proud of you – the way you taught these students, the way several of you went the extra mile by preparing props, the way you inspired and motivated these youngsters – it is remarkable. Your zeal, enthusiasm and your diligence are an inspiration to us.

While you end your spells in the Gurukulams after Chapters 9 & 10, we also want to remind you that every end leads to a new beginning. So my dear friends, we promise you that soon you will be taking up a new leadership role – we will share those details with you very soon.

Don't forget to collect your students' experiences and feedback; the instructions to collect feedback were communicated to you in a separate email. Keep them safe with you.



Don't forget to motivate the students to pursue their career, inspire them to take up great careers and build a wonderful future for themselves. Don't forget to leave them with positive thoughts. Don't forget to tell them to never give up, to never lose hope, to not take up bad friends and bad habits. Don't forget to tell them how proud we are of them. And yes of course, don't forget to tell them how much you like them, and how happy you are to teach them.

As you end one part of your responsibility as a leader, brace up for the next one that's coming soon.

Best Wishes,

Sowjanya Suraj

Razin Abdullah

**Life Skills 360 Chapter 7 & 8 Lesson Plans**

1 message

sowjanya@jadore.in &lt;sowjanya@jadore.in&gt;

To: ttwrdcgirls.khammam@gmail.com, ttwrdcgirls.janagaon@gmail.com, ttwrdcgirls.dammamet@gmail.com, ttwrdcboys.manuguru@gmail.com, ttwrdcgirls.kothagudem@gmail.com, Tue, Feb 4, 2020 at 10:08 PM  
ttwrdcgirls.mulugu@gmail.com, ttwrdcboys.maripeda@gmail.com, ttwrdcgirls.mahabubabad@gmail.com, ttwrdcgirls.suryapet@gmail.com, ttwrdcgirls.deverakonda@gmail.com,  
ttwrdcboys.sangareddy@gmail.com, ttwrdcgirls.medak2017@gmail.com, ttwrdcboys.nagarkurnool@gmail.com, ttwrdcgirls.mahabubnagar@gmail.com,  
ttwrdcgirls.rangareddy@gmail.com, ttwrdcgirls.sircilla@gmail.com, ttwrdcboys.karimnagar@gmail.com, ttwrdcgirls.asifabad@gmail.com, ttwrdcgirls.utnoor@gmail.com,  
ttwrdcboys.boath@gmail.com  
Cc: acad.ttwrdc@gmail.com, padmavathi.jkc@gmail.com

Respected Sir/Ma'am,



Greetings! Thank you for your encouragement and support to our TWRDC Life Skills 360 Trainers. Please note that the next Life Skills 360 Spell is on 7<sup>th</sup> and 8<sup>th</sup> February 2020.

Please share the attached the lesson plans for Chapters 7 & 8 for Life Skills 360 Classes V to IX. The Life Skills 360 Trainers are required to read through the lesson plans and prepare thoroughly for their lessons.

The escort staff is requested to take pictures and videos of our Life Skills 360 Trainers while they are teaching, and share them with us on WhatsApp.

For any questions/clarification please feel free to reach out to me at the numbers provided.

Thank you again. Please convey our best wishes to the teams.

Regards,

Sowjanya Suraj

Director

## Swaero Change Makers Club

Theme - Gender Equality

Dear Life Skills Trainers,

An equal world is where men and women have equal rights, mutual respect and regard. A quick look around our Society shows that we still have a long way to achieve an equal world.

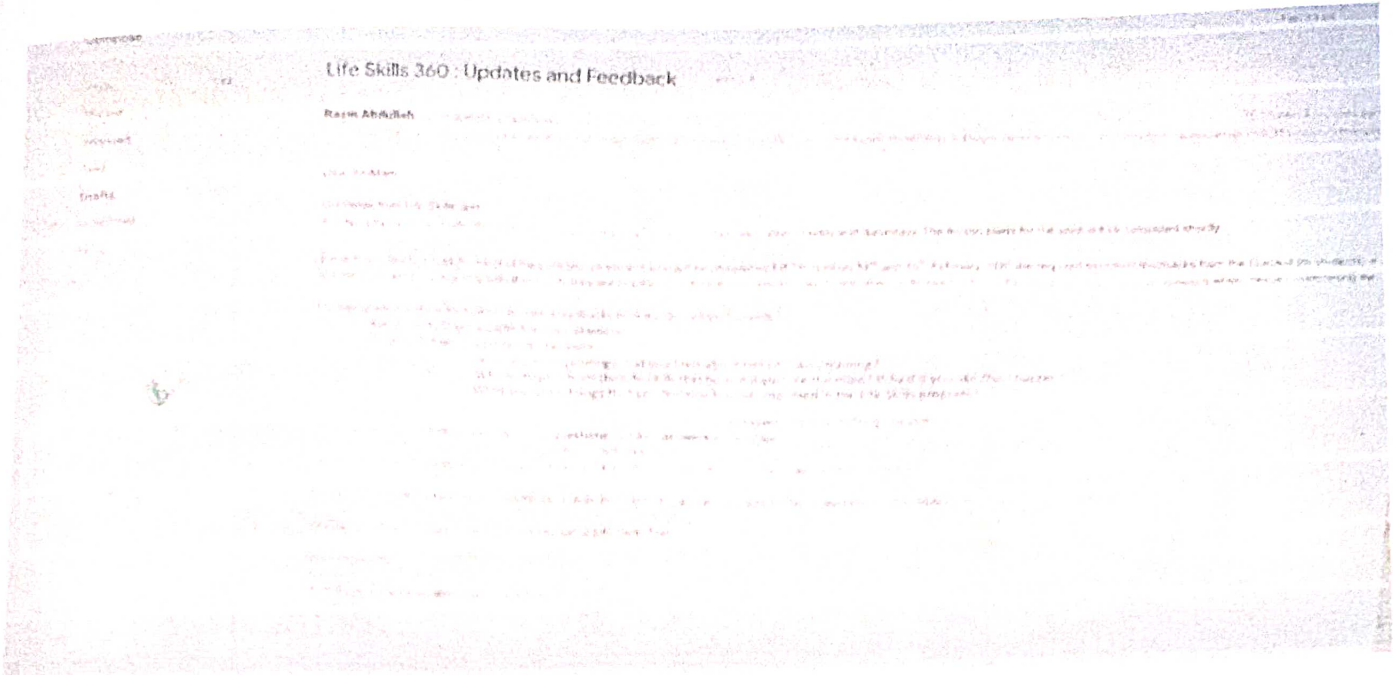
As Change Makers, we must actively strive to challenge gender stereotypes, fight discrimination and improve situations for women, and celebrate their contributions and achievements.

International Women's Day is celebrated on 8<sup>th</sup> March globally to appreciate women and celebrate women. On this occasion, let us rise to the call of duty as leaders and change makers, and do our bit in educating students, peers and our own self on gender equality.

*(This theme provides ample opportunities for students to demonstrate their skills in communication and negotiation skills, and planning & organisation skills)*


S. No	Event Date	Target Group	What to do	How
1	7 <sup>th</sup> March 2020	Community Outreach	<p>Each Life Skills 360 team is required to identify one Government/Social Welfare/ BC Welfare/Minority Welfare/Private School near your College.</p> <p>Each Life Skills 360 Team will go to the identified school and educate the school students on Gender Equality.</p> <p>Each Life Skills 360 team member can teach in a particular class.</p>	<p>Take permissions beforehand from the Principals of the identified schools. Explain the purpose/objectives of what you are going to teach.</p> <p>Explain to the school Principal and staff the importance of teaching gender equality to school students.</p> <p>Divide the work among your team. Make your own charts and teaching aids. Make beautiful posters and write creative slogans on gender equality and stick in the schools. Make your sessions very interactive. Be as creative as you can.</p> <p>On 7<sup>th</sup> March 2020, go to the school on the scheduled time and go and teach the students.</p> <p>Remember that you are fantastic trainers, and do a fabulous job as ever.</p> <p>Take a lot of photos and videos and share with us.</p>

to  
all  
forums.



## 2018 Batch :


S.no	Name of the student	Group	year
01	M.Sai priya	B.ZC	II
02	T.ANUSHA	B.COM G	II
03	P.NAGA JYOTHI	B.COM CA	II
04	B.SONIA	MPC	II
05	M.TRIVENI	MPCS	II


  
IOAC coordinator  
IOAC CO-ORDINATOR  
TTWRDC (G), Kothagudem

  
T.T.W.R. Degree College(Girls)  
Kothagudem 507 101  
Bhadradi Kothagudem Dist

**2019 Batch:**

S.no	Name of the student	Group
01	B.sravani	II B.A
02	B.Mounika	II B.A
03	G.nagasri	II B.COM G
04	B.navya	II B.COM G
05	M.bala kumari	II B.COM CA
06	Y.Sandhya rani	II B.COM CA
07	G.siri chandana	II BZC
08	I.sravani	II MPC
09	K.lavanya	II MPC
10	B.samatha	II MPCS
11	E.Bindu	II MZC

  
T. W. R. COORDINATOR  
T. W. R. CO-ORDINATOR  
TTWRDC (G), Kothagudem

  
PRINCIPAL  
T.T.W.R. Degree College(G)  
Kothagudem 507 101  
Bhadrachari Kothagudem Dist







## **INTERNSHIP AIESEC**

International association of students in economics and commercial sciences. It is an initiative to activate youth towards achieving the sustainable development goals. Many students from Gurukulam utilized the opportunity and got selected for internship program and visited different countries to learn the culture and practices.

### **Objectives of International Internship:**

- To provide a cross-cultural and global learning experience.
- To gain an International outlook on contemporary world challenges.
- To nurture future leaders and intellectuals.
- To imbibe the spirit of team-work in project implementation.
- To strengthen communication and soft skills.

Our Student T.RESHMA II MPC visited EGYPT under this program.



The Visa Consular  
Embassy of the Arab Republic of Egypt in India

Cairo, 4 of February 2020  
H. Num: 202-01

**LETTER OF INVITATION FOR RESHMA THURRAM**

Dear Madam/ Sir

I would like to confirm that ReshmaThurram has been selected to participate in and volunteer for the assisting elderly care project "Refugees" organized by AIESEC GUC which starts on February 24<sup>th</sup>, 2020 and ends on April 4<sup>th</sup>, 2020.

AIESEC is the world's largest youth-run organization, and is active in over 2,400 universities, with 86,000 members across more than 125 countries and territories including **Egypt and India**.

It is a leading global student organization accredited by the Department of Public Information (DPI), the United Nations Educational, Scientific and Cultural Organizations (UNESCO), and the International Labor Organization (ILO). AIESEC has Roster consultative status to the Economic and Social Council (ECOSOC) of the United Nations countries. By means of this letter, I confirm that ReshmaThurram will be picked up from the airport and provided with accommodation during their stay, which is located at **Apartment no 2, 20 Al Sheikh Mohammad Al Nadi, Nasr City, Cairo, Egypt**

The passport details of ReshmaThurram are as follows

**Full name on passport:** ReshmaThurram

**Date of Birth:** 28/07/2000

**Nationality:** Indian

**Passport Number:** T4778497

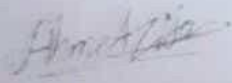
**Passport Issue Date:** 17/5/2019

**Passport Expiry Date:** 16/5/2029

It would be highly appreciated if you grant ReshmaThurram with the legal documents required for her to be able come to Egypt and volunteer in the project stated above.

Thank you very much for your consideration and support. Please contact us for any additional clarifications.

Sincerely,



**Ahmed Mostafa Zidan**

National Director of Incoming Global Volunteer  
AIESEC in Egypt









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## DEPARTMENT OF COMPUTER SCIENCE




INTERNSHIP

## ACADEMIC YEAR: 2023-2024

**INTERNSHIP ON: IMPROVING LOGICAL BUILDING SKILLS OF ADIVASI/ SCHEDULE TRIBE STUDENTS**

**DURATION : 1 Month**

**DATE : 19<sup>th</sup> July to 12<sup>th</sup> August, 2023**

S.NO.	STUDENT NAME	COURSE	FUNDED BY	PHOTO
1	VAGGELA JYOTHIKA	III B.SC-MPC	Governors Discretionary Grants, Govt. of Telangana	

One month training program on “Improving Logical Building Skills of Adivasi/ Schedule Tribe Students” organized by Department of Electronics and Communication Engineering, National Institute of Technology Warangal.



# YOGA

Yoga is the ancient way to attain physical, mental and spiritual practice. Primarily originating in India, YOGA is a 5000 year old discipline from India.

The word 'Yoga' is derived from Sanskrit, meaning to unite. This unity signifies the ultimate union of the body with consciousness and thus attaining definite peace. PATANJALI is known as modern YOGA.

YOGA offers the powerful benefits of exercise and since YOGA is gentle, almost anyone can do it regardless of your age or fitness level.

## Five core Principles:

- Proper exercises (asanas)
- Proper breathing  
(Pranayaam)
- Proper relaxation
- Proper diet and nutrition
- Meditation and Positive thinking.

*Akshitha*  
IQAC CO-ORDINATOR  
TTWRDC (G), Kothagudem

*[Signature]*  
PRINCIPAL  
T.T.W.R. Degree College (Girls)  
Kothagudem 507 101  
Bhadrachari Kothagudem Dist









# PHYSICAL FITNESS ACTIVITIES





## KHO KHO





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## PHYSICAL FITNESS ACTIVITIES



Shot on YTI  
Vivo AI camera

**KHO KHO**

*Skite metre*  
*Tej Ae coordinator*

IQAC CO-ORDINATOR  
TTWRDC (G), Kothagudem

*Prin*  
PRINCIPAL

T.T.W.R. Degree College(G)  
Kothagudem 507 101  
Bhadradi Kothagudem Dist









# NATIONAL SCIENCE DAY-2021

SCIENCE EXHIBITION

Date-28/2/2021

**REPORT**-Department of zoology has conducted/organized science exhibition as a part of national science day-feb-28.

In this programmed /exhibition. some of students prepared and exhibition their model in exhibition along with another department. These models can show how a human body works, how heart pumping blood in double circulation, how did kidney work, and also some students prepared models of cell organs, mitosis cell division, and rain

These exhibitions will help other students to know about functioning of different models in this exhibition total students of college have visited and enjoyed the mode of models working.



Zalhmra  
(IQAC co-ordinator)  
IQAC CO-ORDINATOR

Prin  
PRINCIPAL  
T.T.W.R. Degree College (G) -  
Kothagudem 507 101  
Bhadradri Kothagudem Dist

# EARTH DAY

SPAKER-B.Triveni, E.Soujanya

## NO. OF STUDENTS ATTENDED-10 REPORT.

celebrating. **EARTH DAY**  
the department of zoology conducted quiz programme with 10 students first of all we collected  
names of students from IMZC group those who are interested to participated in quiz, we divided them



*Skitemithe*  
CO-ORDINATOR  
Kothagudem

*Principals*  
PRINCIPAL  
T.T.W.R. Degree College(Girls)  
Kothagudem 507 101  
Channarayana Kothagudem Dist

# WORLD HAEMOPHILIADAY

## PPT PRESENTATION

DATE-17/4/2023

**REPORT**-Department of zoology, TTWRDC[W]KOTHAGUDEM has organised a PPT presentation on the day of WORLD HAEMOPHILIA Awareness day on 17 April 2023. This day has been celebrated to give awareness on haemophilia. Haemophilia is a genetic disorder in which your blood does not clot normally because it lacks sufficient blood clotting proteins clotting factors. There are 3 main types of haemophilia. haemophilia A haemophilia B & acquired haemophilia. haemophilia A caused by missing factor VIII haemophilia B caused by defective factor IX it is passed down from parents to children. Acquired haemophilia is a rare autoimmune disorder characterized by bleeding that occurs in patients with a personal & family history negative.

PPT Presentation we explained what is haemophilia & its types and symptoms of this disease by this we gave awareness on the haemophilia to our students.



*Okelamitha*

COORDINATOR  
TTWRDC (G), Kothagudem

*Principals*  
PRINCIPAL

T.T.W.R. Degree College (G)  
Kothagudem 507 101  
Kothagudem Dist

# Life skills Awareness Programs

**THEME- WORLD HAEMOPHILIA DAY**

**DATE-17/4/2019**

**TYPE OF ACTIVITY CONDUCTED -ESSAY WRITING**

REPORT-Department of zoology, TTWRDC[GIRLS]KOTHAGUDEM has conducted essay writing on the day of world hemophilia is a genetic disorder in which your blood does not clot normally because it lacks sufficient blood clotting proteins [clotting factors]. there are 3 main types of hemophilia A hemophilia B & acquired hemophilia. hemophilia A caused by missing factor VIII hemophilia B caused by defective factor IX it is paned down from parents to children. Acquired hemophilia is a rare autoimmune. disorder characterized by bleeding that occurs in patients with a personal &family history negative

Total students participated -23



**EARTH DAY**

**Date- 22/04/2020**

**TYPE OF ACTIVITY CONDUCTED- STUDENT QUIZ**

**SPEAKERS- B.Triveni, E.Soujanya**

**NO.OF.STUDENTS ATTENDED- 10**



# NATIONAL SCIENCE DAY-2021

Date-28/2/2021

## SCIENCE EXHIBITION

REPORT-Departmentofzoologyhasconducted/organizedscienceexhibition as a part of national science day-feb-28<sup>th</sup>





These exhibitions will help other students to know about functioning of different models present in this exhibition .

## WORLD WILD LIFE DAY-3/3 2021

**TYPE OF ACTIVITY CONDUCTED** – Student seminar

**TOPIC** - wild life protection & conservation.

**SUBJECT**-To give awareness to the students about biodiversity and its importance we are conducted seminar class for IIBZC&MZC students by PPT presentation on on WORLD WILDLIFE DAY.

**SPEAKERS**- MD. Sadathunnisa- lecturer in zoology.

# WORLD AIDS DAY

DATE-1/12/2021

DISTRIC LEVEL PROGRAMME

TOPIC AWARENESS PROGRAMME ON AVOID AIDS& HIV CO-  
OPERATIVE ORGANIZATION -SECURE NGO

CHIEF GUESTS- BAR-COUNSIL ASSOCIATION PRESIDENT

SriL AKKINENI, SATYANARAYANA

SHETEAMCI Sri S.VENKATESWARA RAO

SI Smt RAMADEVI

SAKHI Admin , Smt. SUBHASRI

SAKHI LEGAL COUNSELLOR Smt ANNAPURNA





## **NATIONAL SCIENCE DAY**

**DATE: 28-02-2022**

**TYPE OF ACTIVITY CONDUCTED – QUIZ**

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# WORLD LEPROSY DAY

DATE- 30/1/2023

Type of activity conducted – POSTER PRESENTATION



# NATIONAL SCIENCE DAY

DATE: 28-02-2023

TYPE OF ACTIVITY CONDUCTED – SCIENCE EXHIBITION



## WORLD HAEMOPHILIADAY

*DATE-17/4/2023*

### PPT PRESENTATION

REPORT-Department of zoology, TTWRDC [G ]KOTHAGUDEM has organised a PPT presentation on the day of WORLD HAEMOPHILIA Awareness day on 17<sup>th</sup> April 2023.this day has been celebrated to give awareness on Hemophilia .

Hemophilia is a genetic disorder in which your blood does not clot normally because it lacks sufficient blood clotting proteins[clotting factors]. These are 3 main types of haemophilia. hemophilia A, hemophilia B & acquired hemophilia. hemophilia A caused by missing factor VIII, hemophilia B caused by defective factor IX, it is passed down from parents to children. Acquired hemophilia is a rare autoimmune disorder characterized by bleeding that occurs in patients with a personal & family history negative.

PPT Presentation we explained what is hemophilia & its types .and symptoms of this disease by this we gave awareness on the hemophilia to our students.



## WORLD BIOLOGICAL DIVERSITY DAY

DATE: 29-12-2023

TYPE OF ACTIVITY CONDUCTED - SPECIMEN EXHIBITION

NO.OFSTUDENTS - 200

